

PHE ENCOURAGER

Encourage. Educate. Empower.

"I didn't let Rape, Domestic Violence, Molestation, Barrenness, Infidelity, Death, Academic Shortcomings or Divorce hold me back...

Let me encourage you, nothing can hold you back either!

YOUR PAST DOES NOT DESTROY YOUR DESTINY!

### ENTREPRENEUR & COMMUNITY ADVOCATE

Ceola J. is the founder and executive director for <u>Sisters Celebrating Each Other, Inc.</u>, a nonprofit supporting single women and single mothers, assisting with academic support, counseling, and the overall well-being of women and children. Sisters Celebrating Each Other, Inc. has contributed school supplies to local schools, worked with the Welfare to Work Program, training women in office etiquette, and various community programs to help women and children live lives self-sufficient.

### INSPIRATIONAL SPEAKER

Ceola J. is a powerful speaker who has spoken publicly for over ten years. Her speaking style is direct, empathetic and captures her audiences' ears and hearts with her transparency and ability to connect and relate. Her messages encourage, educate, and empowers her audiences, motivating them to take action toward living their lives intentionally on purpose! Over the past ten years, Ceola has spoken in corporate America, colleges, conferences, trainings, seminars, churches, luncheons, young adult, and adult summits.



### LIFE COACH FOR WOMEN OF ALL AGES

Using her own life experiences as the fuel to her passion, Ceola takes life lessons and life principles she has learned to coach young girls and women on turning obstacles and past pains into opportunities of living their life's purpose! Ceola gets it! Life wasn't easy for her. She experienced many things no child should ever have to experience. She saw things no child should ever have to see. Having lived in the dark shadows of guilt, shame, and embarrassment that birthed feelings of inadequacy, Ceola is passionate about eradicating low self-esteem and self-worth among women and helping them build healthy self-images. Ironically, these are the very things that make her relatable and trustworthy, and a great life coach. She is a living testament to the possibilities of a person's life, despite their start. Ceola's coaching is forward-focused, with intentional goals and successful outcomes.

### **PUBLISHED AUTHOR**

Ceola's first published book, I Know It Was the Blood: A Story of Overcoming, was published and released for the second time on January 7, 2020, by Trilogy Christian Publishing, a subsidiary of Trinity Broadcasting Network (TBN), the world's largest religious network. In her book, Ceola encourages young girls and women through her own story of overcoming that they, too, can overcome. Throughout the pages of her book, Ceola transparently shares some painful life experiences and spiritual insight. She also offers key-points, prayers, and plenty of resources for her readers. In addition to this book, Ceola J. is working on four new e-books, Morning! 30-Daily Devotionals, Mid-Day Meditation-30-Afternoon Devotionals, and Evening-30-Evening Devotionals and *Faith Beyond What I Could See*, available on Amazon soon. There is also a book coming titled after her stage 2nd stage play If These Walls Could Talk." Ceola's authorship includes four new CD series, *No Apologies, Moving Beyond the Fear, The Purpose, the Plan, the Process, the Plot*, and *Your Past Does Not Destroy Your Destiny*, her weekly blogs available on her website, and her article features. For more, visit ceolaj.com.

### **PLAYWRIGHT**

CJ Productions, LLC, is Ceola's production company and where she wrote the script for the powerful and life-transforming stage play From Female to Woman to Lady. The stage play debuted on May 13, 2017, at the Empress Theatre in Vallejo, CA, and was well-received to a full house. If These Walls Could Talk part 1, her second stage play debuted on July 21, 2018, at the El Campanil Theatre in Antioch, CA, again to a crowd of over 350 attendees. The production continued to be well-received by its audiences at its Oakland debut on May 11, 2019, and in Sacramento on June 15, 2019, both to full houses. Due to COVID-19, the 2020 to Ceola's 4th stage play, Happy Walls: A Family Affair, had to cancel. The Wall's production will make a comeback in a trilogy book and plans to make the successful stage play a sitcom. On May 15, 2021, Ceola and CJ Productions, LLC, will bring you their fifth stage play production, Finding Her Voice. Another message-packed and ministry-made powerful production. You can visit www.cjproductionsllc.com for more information.

### Signature Speaking Topics



### YOUR PAST DOES NOT DESTROY YOUR DESTINY

Ceola shouts this message loud and wants it to resonate with people every; You are NOT what you did or what happened to you! Your past experiences do not define you, and they have no power over your future! In this message, Ceola J. shares critical points on how to move into their destiny confidently, and joyfully and free from past entanglements meant to derail them. She skillfully uses her own life experiences to help her audience understand how to navigate life's challenges and find fullness and happiness. This message is liberating, powerful, and transformative. "Remember ye, not the former things, neither consider the things of old. Behold, I will do a new thing; now it shall spring forth; shall ye not know it? I will even make a way in the wilderness and rivers in the desert. Isaiah 43:18-19 (KJV)

### **NO APOLOGIES**

Have you ever found yourself apologizing for appreciating a particular brand of clothing, a style of décor, an author, a viewpoint, a belief system, or something else? Are you tired of apologizing for being you? Are you ready to live in the truth of who you are, authentically and unapologetically? Then this is the message for you. Ceola has been here, and after years of blindly apologizing for being her true self, she finally realized she had denied herself the life God gave her to live. And, instead, she was living her life the way everyone else expected her to and limiting herself in the process. In this message, Ceola helps people everywhere find freedom in the truth of their identity and the joy of living authentically in the life God freely gave to them. All things are possible through Christ Jesus, who strengthens us!

### MOVING BEYOND THE FEAR

Fear, four powerful letters that can dictate the whole of your life if allowed! Ceola knows the hold fear can have over you because, for years, she lived on many levels bound by fear. She was afraid of what people thought about her. She was fearful of failing at everything she tried and, therefore, never tying anything outside of her limited comfort zones. Fear held her captive and restricted her movement and living. She always sensed she could do great things, but she allowed fear to stifle her progress and any action forward. In this message, Ceola shares insight into how she no longer suffers from fear and remains free. Ceola J. delivers yet another powerful message that's relatable to many people around the world. If fear has ever bound you, you will want to hear this powerful message on moving beyond the fear. "For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind." 2 Timothy 1:7 (K]V)

## Speaking Experience

- Inter Faith Council of Contra Costa County -Training Program
- Shepherds Gate Women's Shelter Women 's Encouragement
- Barnes & Noble Books Signings at 7-Locations
- Cloud of Glory Worship Center Ministering
- Daughters of Faith Women's Conference
- Upper Room Church Ministering
- Sisters Book Expo
- I have Overcome Women's Conference
- Pillars of Hope Anti Human Trafficking Services
- Break Every Chain Tour
- Living Life and Loving It Women's Conference
- Bay Point All In One Community Organization
- No Story No Glory Women's Conference
- 24/7 Miracle Center International Ministering
- Daughters of Jehoshaphat Conference
- Victory Tour Women's Conference
- Dare to be Authentic Radio Show with Mari Mitchell
- The CCI Radio Show

















### Booking Information:

Email: info@ceolaj.com

Phone: (925) 233-7003

### Features:

- Hillsong Channel
- Black Speakers Network: Speaker
  Spotlight
- Rescue CEO Blog Nation
- Tough Talk Christian Radio
- Dare to be Authentic with Mari Mitchell
- CCIS Radio Show
- Outwittrade.com

# Stay Connected



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CEOLA I



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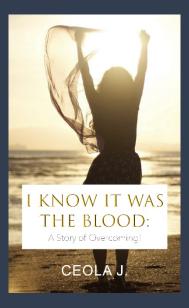


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